

Target for 2009

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£15,000

Your help would be truly appreciated in achieving this ambitious target. If the target was reached...it would mean that 'WE' have raised and donated **£50,000** for the Phil Whittaker Fund since 2002.

How can I help?

- You could sponsor a feature of the Charity golf day - (the Hole in One competitions, putting prize, nearest the pins, longest drive etc..)
- You could donate a 'LOT' to be auctioned - (use of holiday homes, autographed memorabilia, tickets to sporting events, new electrical items etc...)
- Donate quality raffle prizes or prizes for the golf competition.

You may be able to help as an individual or as a group (your golf team or shift/ section perhaps),or if you have friends, relatives, colleagues with a company or business, they are all welcome to be involved.... Free Advertising

Please contact me **AS SOON AS POSSIBLE** to discuss the options available and would also welcome any other suggestions.

What else?

- You could arrange your 'own' sponsored event - the money you raise going towards the £15k target.

What sort of things have been done?

- Sponsored walks - Kimberley to Cardiff - Hadrians Wall - Cotswold Way (2009)
- Sponsored Marathons and Half Marathons - London -Nottingham - Great North Run
- Abseiling down West Notts Tech & Nottingham Trent University Building
- Bike Rides - Nottingham to Newark & return
- Spinning Class

- Sponsored Silence
- Diets
- Abstention from alcohol !
- Fashion show and proceeds donated

What can be done?

- Basically anything you want that will raise money - if there is pain or personal suffering involved, people tend to be more generous !
- Sell raffle tickets for the Golf Day Draw (2000 sold last year - 4000 target this year)

When?

- The annual donation to the Charities is during the autumnso you have 9-10 months to put your ideas into action....at a time that is best for you.

Is there any support?

- Rebecca Elphick at Cancer Research UK- rebecca.elphick@cancer.org.uk
Tel 0115 981 2523
- Helena Curtis at Macmillan Cancer Support - hcurtis@macmillan.org.uk
Tel 0115 9249929.

Both Becky and Helena are always willing to provide help and assistance and advice on Gift Aid / sponsor forms etc.... Tee shirts / Vests / bunting / balloons etc are always made available for those embarking on a sponsored event.

- I am able to discuss any ideas that you may have & advise on how to turn those ideas into action.

Results

- Hopefully, towards the end of 2009 'WE' will be in a position to hand over cheques to the nominated charities, to the value of £15,000 !

For any further info or to discuss further please contact me ASAP
Stuart Kinton 07711 439803

You know you can make it happen!